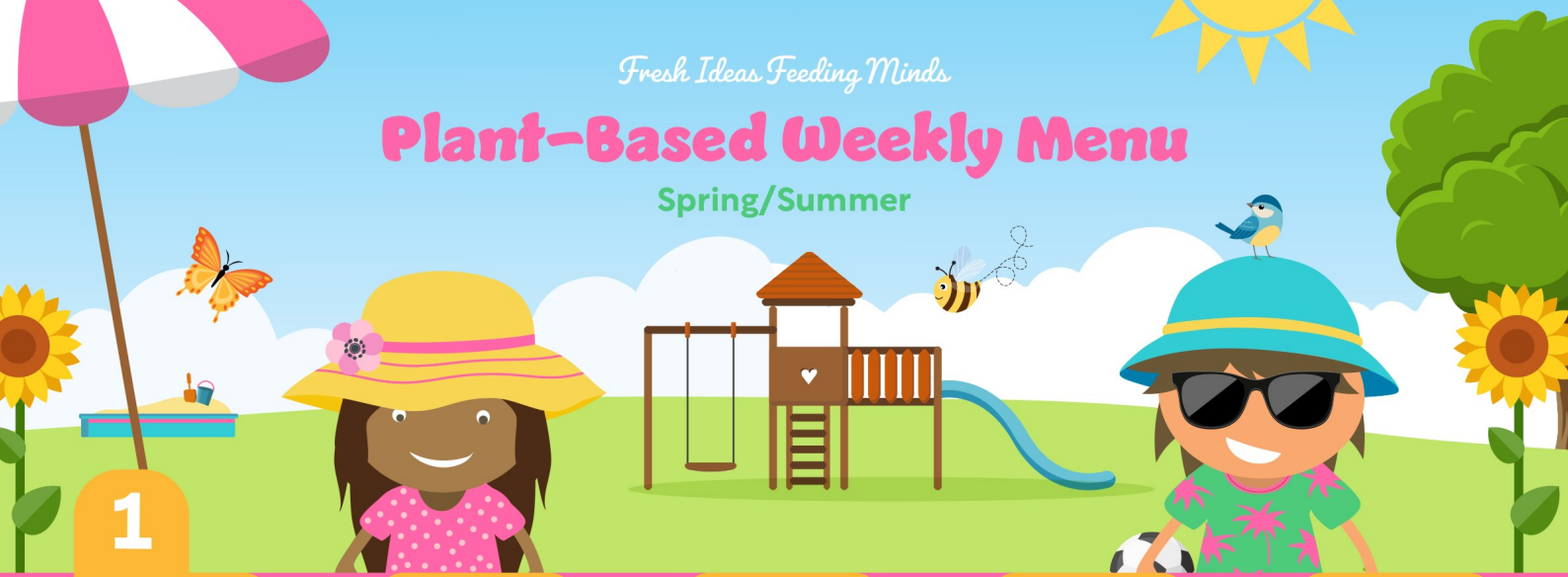


Plant-Based Weekly Menu

Spring/Summer



1

Monday

Margherita Pizza (with Vegan Cheese) and Tomato Pasta

or

Jacket Potato with Baked Beans **and/or Vegan Cheese**

served with Sweetcorn

Homemade Vanilla Cupcake

Tuesday

Vegan Cheese and Tomato Pasta Bake

or

Jacket Potato with Baked Beans **and/or Vegan Cheese**

served with Mixed Vegetables

Homemade Cocoa Cupcake

Wednesday

Plant Balls with Roast Potatoes and Gravy

or

Jacket Potato with Baked Beans **and/or Vegan Cheese**

served with Carrots and Green Beans

Flapjack with Orange Wedges

Thursday

Plant Sausage Pastry Pinwheel with Potato Wedges

or

Jacket Potato with Baked Beans **and/or Vegan Cheese**

served with Mixed Salad

Fruit Jelly

Friday

Garden Vegetable Goujons and Chips

or

Jacket Potato with Baked Beans **and/or Vegan Cheese**

served with Peas **or** Baked Beans

Shortbread Biscuit

Week One: 21 Apr | 12 May | 9 Jun | 30 Jun | 21 Jul | 15 Sept | 6 Oct - Fresh Fruit Available Daily

2

Monday

Sweet and Sour Plant Balls with Steamed Rice

or

Jacket Potato with Baked Beans **and/or Vegan Cheese**

served with Mixed Vegetables

Homemade Orange Cupcake

Tuesday

Vegan Cheese and Tomato Pasta Bake

or

Jacket Potato with Baked Beans **and/or Vegan Cheese**

served with Sweetcorn

Homemade Shortbread

Wednesday

Vegemince Cottage Pie with Gravy

or

Jacket Potato with Baked Beans **and/or Vegan Cheese**

served with Peas and Carrots

Iced Fruit Smoothie

Thursday

Plant Sausages in Tomato Sauce with Potato Wedges

or

Jacket Potato with Baked Beans **and/or Vegan Cheese**

served with Mixed Salad

Summer Berry and Apple Slice

Friday

Garden Vegetable Goujons and Chips

or

Jacket Potato with Baked Beans **and/or Vegan Cheese**

served with Peas **or** Baked Beans

Cocoa Shortbread with a Melon Wedge

3

Week Two: 28 Apr | 19 May | 16 Jun | 7 Jul | 1 Sept | 22 Sept | 13 Oct - Fresh Fruit Available Daily

Monday

Vegan Cheese and Tomato Pizza Swirl with Potato Wedges

or

Jacket Potato with Baked Beans **and/or Vegan Cheese**

served with Peas and Sweetcorn

Homemade Blueberry Cupcake

Tuesday

Loaded Bean Bake with **Vegan Cheese** and **Homemade Garlic Bread**

or

Jacket Potato with Baked Beans **and/or Vegan Cheese**

served with Mixed Salad

Iced Fruit Smoothie

Wednesday

Plant Sausage with Mashed Potato and Gravy

or

Jacket Potato with Baked Beans **and/or Vegan Cheese**

served with Cabbage and Carrots

Homemade Carrot Cake

Thursday

Jacket Potato with Baked Beans **and/or Vegan Cheese**

served with Crunchy Salad Sticks

Cocoa Oatcake with Orange Wedges

Friday

Garden Vegetable Goujons and Chips

or

Jacket Potato with Baked Beans **and/or Vegan Cheese**

served with Peas **or** Baked Beans

Homemade Shortbread with Apple Wedges

Week Three: 5 May | 2 Jun | 23 Jun | 14 Jul | 8 Sept | 29 Sept | 20 Oct - Fresh Fruit Available Daily



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group