



PE at Mulbarton Primary School

The national curriculum for physical education aims to ensure that all pupils:

- ✦ develop competence to excel in a broad range of physical activities
- ✦ are physically active for sustained periods of time
- ✦ engage in competitive sports and activities
- ✦ lead healthy, active lives.

Intent

At Mulbarton, we follow the "Get Set 4 PE" scheme of work. The curriculum intent focuses on delivering a high-quality, progressive, and inclusive program that inspires all pupils to succeed in physical education, developing fundamental motor skills and life-long, healthy, active habits. It builds confidence, teamwork, and competence across various sports while fostering mental wellbeing.

Implementation

The purpose of study and the aims of the national curriculum for PE (2014) states:

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

Children in Years 1-6 participate in 2 hours of PE every week in a progressive and sequenced curriculum, and partake in enriching sports and physical activity, in addition to weekly PE, which involves opportunities for intra- and inter- school competition. Children in the EYFS have access to a large outdoor space with climbing equipment, they have weekly bike sessions on the playground, and 1 hour of taught PE.

At Mulbarton Primary School, we believe that physical education is an essential part of children's learning and well-being. We provide a broad and balanced programme for the delivery of PE across the school. In EYFS, we introduce the children to PE, teaching the fundamental movement skills, games, dance and gymnastics. In KS1 and KS2, our activities are based on the National Curriculum objectives and include: invasion games, athletics, OAA, gymnastics, dance, net and wall games, striking and fielding games, and swimming. Our school follows a scheme of work which focusses on developing children's sporting skills in a sequenced and progressive manner through modelling, practising and application.

Mulbarton Primary is a member of the Norwich School Sports Partnership where children are given the opportunity to take part in out-of-school festivals, competitions and events with other schools in our area. In school, we encourage children to participate in daily physical activity, including the daily mile, and provide the opportunities to join our extra-curricular activities. These have included; football, basketball, tennis, gymnastics, multi-skills and street dance. Pupils also participate in intra-school competitions, where children in the four houses of Mulbarton Primary are given the opportunity to represent their house, competing against others to win points. We celebrate both in-school sport success and out-of-school sport success in our weekly celebration assemblies.